

## YOUR LIFE MATTERS!

“Your Gifts, Your Choices, Your Message, Your Day—EVERYTHING about you matters in this world. How about taking some time for yourself to discover who you are in present time, what you are ready to give and offering yourself in a whole new way...” Marla Dee

**Audio,  
Workbook  
& MAPS  
\$49.00**

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**Add 1 hour  
coaching Session  
with Marla Dee  
\$129**

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**Full Day Group  
with Marla Dee  
\$279**



### **GUIDED AUDIO & WORKBOOK**

**SEE IT:** Take a look at this last year

- What worked—What have you accomplished and created?
- What didn't work, what did you let go of and what did you learn?

**MAP IT:** Make a Personalized Plan for this year

- Identify your core values and what they mean to you.
- Create your top ten goals for your most important roles.

**DO IT:** Create the Action Plan to go with your goals.

- Write out your personal commitment plan for the month, week and day
- Embrace what you deeply want for 2009 and get supported!



**Facilitator:** Marla Dee  
speaker, trainer, author and guide

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