



MY LIFE MATTERS!

2009

My New Paradigm:

My Guidelines:

1. _____
2. _____
3. _____

My Major Focus: _____

My Three Core Values:

- _____
- _____
- _____

My Top Ten Goals- 5 Personal & 5 Work:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

M
Y
P
E
R
S

My Vision: _____

ONAL PLAN: 2009

DAILY CARE & COMMITMENT:

-

WEEKLY CARE & COMMITMENT:

-

WEEKLY ACCOUNTABILITY PARTNER:

-

MONTHLY CARE & COMMITMENT:

-

SEASONAL CARE:

- Winter
- Spring
- Summer
- Fall

ANNUAL RETREAT & REJUVINATION:

- Where would I go?
- How long would I need?
- What would I do / not do?